



WHAT CAN I GET IN AN NDIS PLAN?

MAY 2023

What is 'reasonable and necessary' support?

A 'reasonable and necessary' support is a type of equipment or assistance that:

- Relates to your disability; and
- Helps you to achieve your goals

as well as:

- Helps you to be more independent; and/or
- Helps you to take part in social activities or work; and/or
- Helps you to be involved in the community

Is it true that I can access any support I want under NDIS?

People with permanent and significant disability have choice over the type of support they access, and control over managing their support funds. All supports funded by the NDIS must, however, be considered as 'reasonable and necessary' to the person with disability and this is decided by the NDIS.

What are some examples of supports that I can access through the NDIS?

Supports that may be accessed through the NDIS include, but are not limited to, the examples below.

Information and referral:

- Helping you to find information about your disability
- Linking you with community organisations or peer support groups
- Providing you with information about your options for supports and service providers
- Assistance from a support coordinator to manage funded supports and organise service bookings

Daily personal activities:

- Showering, brushing your teeth, getting dressed and brushing your hair
- Going to the toilet, and managing menstruation
- Eating and drinking
- Attending appointments
- Using disability aids, hearing and communication devices
- Moving, positioning and transferring between different areas and surfaces inside and outside your home

Assistive technologies:

- Wheelchairs, walkers, transfer devices
- Disability specific computer software such as voice recognition programs, screen magnification software
- Disability specific computer equipment such as, screen readers, desktop video magnifiers, large print and tactile keyboards, braille embossers
- Assistive devices for study or recreation, such as automatic page-turners, book holders, DAISY player for audio books
- Assistance for cognitive disabilities, such as memory aids and medication alarms
- Navigation assistance for people with low visual acuity or blindness
- Hearing aids, assistive listening devices, amplified telephone equipment
- Prosthetics and orthotics
- Personal emergency response systems

Transport and mobility support:

- Mobility aids, such as wheelchairs, scooters, walkers, canes, crutches, prosthetic devices, and orthotic devices
- Training to use public transport independently
- Costs of taxis or other private transport options for people who are not able to travel independently
- Modifications to private vehicles

Early intervention support:

- Workplace assessments by an occupational therapist with recommendations on ergonomics of the workplace for the employer
- Individualised education to foster greater understanding of disability and learning self-management strategies
- Information regarding location of disabled facilities in the community to build confidence
- Occupational therapy to support self-help skills like dressing and toileting
- Programs for emotional and social development that build capacity for friendship skills and maintenance
- Transition planning for moving into new employment and/or accommodation

Therapeutic support associated with capacity building:

- Occupational therapist assessments and recommendations related to home modifications considering all possible alternatives, including the use of equipment
- Physiotherapy to support motor skills like balance, sitting and walking
- Speech therapy to support language and eating and drinking skills

Home modification:

- Installation of ramps, hoists or grab rails
- Widening doorways or installing automatic door openers
- Altering bathrooms and kitchens (e.g. lowering bench heights)
- Relocating light switches and power points
- Installing emergency alarms and monitoring systems, or technology to control lighting and blinds

Vehicle modification:

- Electronic accelerators, hand accelerators and left foot accelerators
- Mechanical brake levers
- Voice command and mini-wheel steering
- Power assisted braking and steering
- Swivel seat bases
- Transfer platforms, scooter hoists and ramps

Community activities:

- Support to access social groups and sports clubs or recreation
- Specialised support to transition between tertiary study and employment, or between educational institutions
- Assistance with self-care at work or study sites
- Equipment that is transportable

Specialist disability accommodation:

- Specialist housing solutions for people with high support needs and extreme functional impairment
- Support coordination to develop a plan for exploring housing options
- Allied health assessments

Is there anything that the NDIS will not fund or provide?

Yes. The NDIS will not fund a support if it:

- Does not relate to a person's disability
- Duplicates support that is considered to be the responsibility of a different government area, such as health, education or housing
- Is a day-to-day living cost that is not related to a person's disability support needs
- Is likely to cause harm to the person or others

What should I do if I think I would benefit from one or more of the supports listed?

You will need to be a registered NDIS participant in order to access funded disability support.

To learn more about whether you are eligible for the NDIS, go to:

[ndis.gov.au/applying-access-ndis/am-i-eligible](https://www.ndis.gov.au/applying-access-ndis/am-i-eligible)

Where can I find more information about NDIS supports?

For more information about how the NDIS might be able to support you, go to: [ndis.gov.au/understanding/supports-funded-ndis](https://www.ndis.gov.au/understanding/supports-funded-ndis)

NDIS Price guide: [ndis.gov.au/providers/pricing-arrangements](https://www.ndis.gov.au/providers/pricing-arrangements)



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We value your feedback about this resource

Please contact the Summer Foundation by email at: info@summerfoundation.org.au, or by phoning 1300 626 560

Connect with us: