



NDIS — USEFUL LINKS AND RESOURCES

Planning

AUGUST 2023

Resources:



Creating your first NDIS plan

Summary: Information for participants with basic information about the planning process.

Author: NDIA

[ndis.gov.au/participants/creating-your-plan](https://www.ndis.gov.au/participants/creating-your-plan)



Preparing for your planning meeting

Summary: Information for participants relating to how to prepare for the planning process.

Author: NDIA

[ndis.gov.au/participants/creating-your-plan/preparing-your-planning-meeting](https://www.ndis.gov.au/participants/creating-your-plan/preparing-your-planning-meeting)



What do I take to my NDIS planning meeting?

Summary: A checklist for participants who are preparing for their NDIS planning meeting.

Author: Summer Foundation

Date: May 2023

Length: 5 pages

[summerfoundation.org.au/What-do-I-take-to-my-NDIS-planning-meeting](https://www.summerfoundation.org.au/What-do-I-take-to-my-NDIS-planning-meeting)



What can I get in an NDIS plan?

Summary: Information and examples of supports that can be funded by the NDIA.

Author: Summer Foundation

Date: May 2023

Length: 4 pages

[summerfoundation.org.au/What-can-I-get-in-an-NDIS-plan](https://www.summerfoundation.org.au/What-can-I-get-in-an-NDIS-plan)



Support Coordinators: Who are they and how can they support me?

Summary: Introduction to Support Coordination for NDIS participants.

Author: Summer Foundation

Date: June 2023

Length: 3 pages

[summerfoundation.org.au/support-coordinators-who-are-they-and-how-can-they-support-me/](https://www.summerfoundation.org.au/support-coordinators-who-are-they-and-how-can-they-support-me/)




Looking for somewhere to live

Summary: A guide on how the NDIS can fund participants to explore alternative housing and develop a housing plan.

Author: Summer Foundation

Date: June 2023

Length: 16 pages

 summerfoundation.org.au/looking-for-somewhere-to-live



Sample NDIS plans

Summary: Examples of NDIS plan inclusions and format.

Author: Summer Foundation

Date: July 2023

Length: 41 pages

 summerfoundation.org.au/sample-ndis-plans

Planning tools:




NDIS Planning tool

Summary: Online tool that converts current supports and goals into a draft plan.

Author: Australian Unity


Length: Online tool, with four sections

 australianunity.com.au/disability-services/NDIS-planning-tool/intro



Navigating your NDIS Journey

Summary: A workbook to assist participants through the process of developing an individual plan, including identifying needs, goals and current supports.

 everyaustraliancounts.com.au/what-is-the-ndis/planning/




NDIS Pre-planning tool

Author: Austin Health

Summary: This guide is designed to help the multidisciplinary inpatient health team when supporting someone to leave hospital with NDIS supports.

Date: 2018

Length: 42 pages

 summerfoundation.org.au/pre-planning-practice-template



How to prepare for your NDIS plan

Summary: Planning tool and advice for participants related to NDIS planning.

Author: Yooralla


 info.yooralla.com.au/prepare



Your NDIS Plan

Summary: A guide to help participants think about the supports they want and need – now and in the future.

Author: Endeavour Foundation

 endeavour.com.au/ndis-information/preparing-for-the-ndis/your-ndis-plan




Carer checklist: NDIS planning support resource

Summary: A checklist to assist carers to describe the support they provide to contribute to the NDIS planning process.

Author: Carers Australia

Date: May 2018

Length: 21 pages

 carersaustralia.com.au/wp-content/uploads/2020/07/carers-checklist-may-2018.pdf



Booklet 2 – Creating your NDIS plan

Summary: Information to assist participants to think about your goals and support needs before you have your first planning meeting with the NDIA.

Author: NDIA

Date: July 2022

Length: 24 pages

 ndis.gov.au/media/333/download?attachment



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We value your feedback about this resource

Please contact the Summer Foundation by email at: info@summerfoundation.org.au, or by phoning 1300 626 560

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